

Välkommen till 14:e Nordiska Erfarenhetsmötet!
Welcome to the 14th Nordic Experience Meeting!

Monitoring Treatment and Long-Term Outcome

Choice Hotel, Gjøvik, Norway, May 22-24 2019

Charles Kellner
Chittaranjan Andrade
Alexander Sartorius
George Kirov
Tor Magne Bjölseth
Per Bergsholm
And many more...



Kongressavgift/fee per person:

Single room €990, Double room: €890, without accomodation €790

Anmälan på bifogad anmälningsblankett

For registration, please fill in the attached registration form and send it by e-mail to:

Per Karlsten, nactmeeting@gmail.com.

Tel +46155 21 26 00

Föreläsningar kommer att ges på engelska / Presentations in English

Wednesday, May 22 – Anesthesia and Treatment Monitoring

13.00 – 14.00 **Registration**

14.00 – 14.15 **Introduction**

14.15 – 15.00 **The Importance of Anesthesia in ECT** – Alexander Sartorius

15.00 – 15.30 Coffee break and exhibition

15.30 – 16.30 **Ketamine in the Treatment of Depression and its Use in ECT Anesthesia** – Chittaranjan Andrade

16.30 – 17.00 **Speed of Recovery from Disorientation as a Predictor of ECT Treatment Outcome** – Tor Magne Bjölseth

18.00 – Dinner and Boat Trip

Thursday, May 23 – Clinical Monitoring and Preventing Relapse

09.00 – 10.00 **Relapse After Successful ECT Index Series** – Charles Kellner

10.00 – 10.30 Coffee break and exhibition

10.30 – 11.00 **Individualized Maintenance and Continuation ECT** – Håkan Odeberg

11.00 – 11.30 **A Controlled Study of Maintenance ECT** – Axel Nordenskjöld

11.30 – 12.15 **Safety and Effectiveness of Maintenance ECT, the UK Perspective** – George Kirov

12.15 – 13.30 Lunch and exhibition

13.30 – 14.00 **Recommendations for Continuation and Maintenance ECT in Different Patient Populations** – Charles Kellner

14.00 – 14.45 **Nursing Role in Treatment and Monitoring** – Mette Susanne Bjerkhof and Håkan Odeberg

14.45 – Coffee and exhibition

15.00 – 17.00 **Workshops:**

EEG – Understanding, Interpretations and Clinical Implications –

Eivind Aakhus, Per Bergsholm

Clinical Monitoring and Nursing Role – Mette Susanne Bjerkhof

Getting Closer with Patients – Pia Merete Andersen

17.00 – 18.00 NACT Annual Meeting

20.00 – Gala Dinner



Friday, May 24

Mechanism of Action, Ensuring Effective Treatment and Clinical Response

09.00 – 09.45 **Eliciting and Ensuring an Optimized Seizure** – Per Bergsholm

09.45 – 10.30 **Mechanism of Action and Biological Changes in ECT** – Ute Kessler

10.30 – 11.00 Coffee break and exhibition

11.00 – 11.45 **Clinical Features Indicating Future Response to ECT** – Pascal Sienaert

11.45 – 12.00 Concluding Remarks

12.00 Lunch and Safe Journey Home

