Mental Health Services

Quality & Development

The fun of merging organizations & centralizing treatment

OR

REGIO

ECT as a hostage for accreditation





Agenda

- The Marriage & the Divorce Reasons for developing a common Guideline
- The Content of the Guideline and why
- The Achievements





Organization & Background





Areas of interest

- Patient Rigths
- Patient Safety
- Professional Questions



Patient rights



Care Delivery for All Patients

Standard COP.1

Policies and procedures and applicable laws and regulations guide the uniform care of all patients.

Intent of COP.1

Patients with the same health problems and care needs have a right to receive the same quality of care throughout the organization. To carry out the principle of "one level of quality of care" requires that the leaders plan and coordinate patient care. In particular, services provided to similar patient populations in multiple departments or settings are guided by policies and procedures that result in their uniform delivery. In addi-

- d) The level of care provided to patients (for example anesthesia care) is the same throughout the organization.
- Patients with the same nursing care neede receive comparable levels of nursing care throughout the organization.



Patient Safety



International Patient Safety Goals

- IPSG.1 Identify Patients Correctly
- IPSG.2 Improve Effective Communication
- IPSG.3 Improve the Safety of High-Alert Medications
- IPSG.4 Ensure Correct-Site, Correct-Procedure, Correct-Patient Surgery
- IPSG.5 Reduce the Risk of Health Care–Associated Infections
- IPSG.6 Reduce the Risk of Patient Harm Resulting from Falls



Central professional questions in the proces

- Bilateral versus unilateral ECT?
- ECT 3 x week or 2?
- Dosisscheme or **dosistitration**?
- Seizure 25 seconds?
- Anesthesia...



Mission

- 1. Guideline for Treatment with ECT
- 2. Guideline for nursing relating to Treatment with ECT
- 3. Documentation of informed consent to Treatment with ECT
- 4. Guideline for Training & Education of staff
- 5. Proposal for quality improvement of anesthesia in connexion to Treatment with ECT
- 6. Develop patientinformation about ECT



Project Timeline









Standard COP.1

Policies and procedures and applicable laws and regulations guide the uniform care of all patients.

d) The level of care provided to patients (for example, anesthesia care) is the same throughout the organization.

Standard ASC.4

A qualified individual conducts a preanesthesia assessment and preinduction assessment.

The preinduction assessment is separate from the preanesthesia assessment, as it focuses on the physiologic stability and readiness of the patient for anesthesia and occurs immediately prior to the induction of anesthesia.

When anesthesia must be provided emergently, the preanesthesia assessment and preinduction assessment may be performed immediately following one another, or simultaneously, but are documented independently.











Goals reached I

- All centers use the same ECT-record
- The psychiatric physisian obtains consent to both ECT & anesthesia
- The consent is valid for 10 treatments
- The clinical examination & review is made by a physisian from the patients parent department
- The patienthistory & clinical examination must be no older than 30 days
- A common sheet of information for patients is developed covering both ECT & anesthesia



ECT -Treatment

Goals reached II

- The anesteasiologist does not have to consult the patient prior to the first treatment
 - "The first treatment incorporates both the pre-anesthesilogical assessment and the pre-inductive assessment"
- The pre-anesthesiological assessment & og paraclinical data/ samples are valid for 2 months
- The anesthesiological staff is responsible for the dicharge of the patient from the recovery room
- The theoretical education of physisians and ECT-responsable nurses is centralized (performed 8 x year)
- A 7-item Time-Out is completed at all treatments



ECT -Treatment

Time-Out

- 1. Is it the right patient?
- 2. Are the settings of the ECT-device correct?
- **3**. Is it the right anestethic pharmaca?
- 4. Are the **electrodes** placed right and tight?
- 5. Is baseline activity registred?
- 6. Is the **teething rail** ready for use?
- 7. Is the treatment bi- or unilateral ECT?



Mental Health Services

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ECT -Treatment

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Taking care of competencies

Mental Health

- The ECT-responsable psychiatrist is responsable for each physician having adequat knowledge and training, to enable him/her to perform ECT indenpendently. The authorization of each physician to perform ECT is documented in the personal file
- 10 treatments under supervision (+ theory central) gives adequat routine in the treatment, for it to be performed indenpendently
- The Mental Health Center carries a list of all the physician who are authorized to perform ECT



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Mental Health Services

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ECT- Training Physisians



Taking care of competencies

- ECT responsable nurse
- Nursing staff who participates in the treatment team
- Accompanying staff





• The ECT- responsable nurse

- Has vast experience with ECT treatment
- Has participated in the central theoretical education
- Participates in the annual ECT conference by the Danish Psychiatric Society

Staff who participates in the treatment team

- Theory locally
- 10 directly supervised treatments, before autonomous participation in ECT treatment team
- Documentation of approval in personal file
- Each Health Care Center has a list of staff authorized to participate in ECT treatment team

Accompanying staff

- Staff under training must participate as observer before, during and after a series of ECT treatments at least three treatments
- The staff nurse makes sure that the nessecarry qulifications are met
- A list of litterature is locally manufactured.

ECT – Training Nursing Staff



Patient Information





The reward...



Diplom

Region Hovedstaden

Region Hovedstadens Kvalitetspris 2012

Region Hovedstadens Psykiatri, Kvalitets- og Udviklingsafdelingen

er den 10. maj 2012 tildelt

Region Hovedstadens Kvalitetspris på 50.000 kr.

for projektet

ECT journal i Region Hovedstadens Psyklatri

Implementering af fælles retningslinjer for ECT og fælles ECT journal for psykiatri og anæstesi





Mental Health Services

Is it worth it?

- The Healthcare System is mainly public financed in DK = the top decisions are political
- The merger was politically decided
- The merger was a marriage and a divorce at the same time
- To support the merger the decission to be accredited by JCI was wise – several of the parties had allready been accredited as part of their parent hospital
- By subjecting to the international standards there was a commitment acrosse the hospital to follow the standards – and by doing that we helped at least some of the formal merger
- In other words the field of accreditation is a tool in the field of governance and leadership