

Welcome to the 9<sup>th</sup> Nordic Experience Meeting!

# Guidelines and Regulations for ECT- Progress or Restraint?

3d to 5th of October 2012

Park Inn Hotel  
Copenhagen

Denmark

## Background

- Started 2001 in Stockholm
- Initiative by Donald Lillich and Björn Wahlund
- First meeting 2001 in Sthlm, Löwenströmska
- Based on contacts and inspiration from prof. A. Crystal, former ACT
- After that several meetings in Sweden, Norway and Finland. Last Congress in Helsinki 2011.

## Number of participants has increased

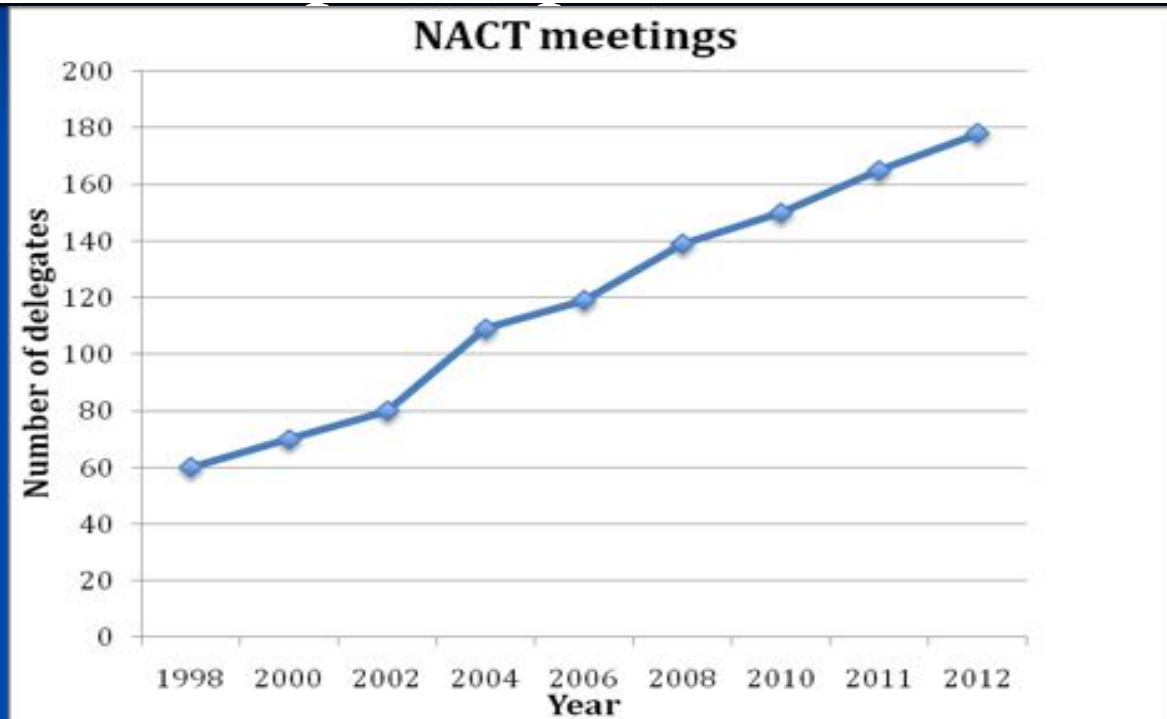


Fig. 1

The participants came from different parts of Healthcare as doctors, nurses and ass. nurses. The delegats also came from the clinic of anesthesia. Most of them came from Norway or Sweden and some from Danmark and Finland. The lectureholders where international.

## Meeting of the board

- During one year of activity, the board of NACT have about 4 meetings. Those meetings are mainly held at the location where the upcoming congress are supposed to be hold.
- Copenhagen 2012
- Stockholm 2012

## Finance

- The presentation of the budget happens every calendar year second to tax accliment to the Swedish tax authoritys. This presentation is also open to all members at the annual experiance meetings.
- NACT has nowadays a budget in balance. We didn´t have any money of our own until 2006. We have had great difficultis to control our budget since it almost only depends on what we get from the congresses. We don´t have any standard sponsors. The income is very heterogenic from year to year.
- Anyway we see a trend of augmentation of the number of participant to our congresses and at the last meeting in Ystad, 2009, Sweden, we had about 160 delegats. (see, Fig. 1).
- It´s of great pleasure that we see such a great interest at our annual meetings. The participation from the actual working board is immense. Especially when we get close to the congress period, we have to arrange almost everything ourselves. That includes everything from calling lectureholders to making the badgets.
- We have from the Swedish tax authority an agreement of tax deprivation. The last calculation of the budget showed a total movement of about 1,1 milj swedish crowns (99,000 Euro, or 77,000 am dollars). The total income in balance, anyway, where 230,000 SEK.

## Upcoming events and experiance meetings

- Next meeting will be held somewhere in Scandinavia. Exact country and town will shortly be presented to you all. Strategically we will try to hold our future meetings located to places easy to come to.
- Upcoming ERFA-meeting will also try to give more space to alternative treatments such as: rTMS (rep. transcranial magnet stimulation), VNS (vagus nervus stimulation) and DBS (deep brain stimulation) and the more upcoming neuroelectrical treatment, at least in central Europe, MST (Magnetic Seizure Therapy). The board will actively in a very serious and engaged way, try to reclute famous lectureholders at an international level and persons who have, f.i., had themsselves ECT-treatment or other similar treatments, and therefore can tell us about the convulsive treatment in an objective way.

## The actual board of NACT

- Marco Nobis, chairman, senior psychiatrist at the general hospital of Trelleborg, Sweden ([marco.nobis@sydnet.net](mailto:marco.nobis@sydnet.net), [Marco.Nobis@skane.se](mailto:Marco.Nobis@skane.se))
- Dag Norum vice chairman, senior psychiatrist at the hospital of Fredrikstad, Norway ([dag.norum@so-hf.no](mailto:dag.norum@so-hf.no))
- Jan-Otto Ottosson, prof. Emeritus, member of honour
- Anna-Maria Blom, manager of the rep. of ECT, Löwenströmska hospital, Stockholm, Sweden ([maria.blom@sll.se](mailto:maria.blom@sll.se))
- Ralf Ansjön, anesthesiologist, specialised in ECT, cassier
- Martin Hultén, manager of psychiatri, general hospital of Trelleborg, Sweden, vice cassier ([Martin.Hulten@skane.se](mailto:Martin.Hulten@skane.se))
- Pia Nordanskog, senior psychiatrist, member, University hospital of Linköping, Sweden ([Pia.Nordanskog@med.lu.se](mailto:Pia.Nordanskog@med.lu.se))
- Jukka Ritschkoff, psychiatrist, general hospital of Helsinki, Finland
- Håkan Odeberg, secretary, senior psychiatrist, general hospital of Nyköping, Sweden ([hakan@bergshammar.se](mailto:hakan@bergshammar.se))
- Bo Sköld, added member, anesthesiologist, specialised in ECT, [bo.skold@gmail.com](mailto:bo.skold@gmail.com),
- Donald Lillich, added member, MECTA (SPECTRUM), no right to vote ([d.lillich@ectaform.se](mailto:d.lillich@ectaform.se))
- Per Dahlin, added member, FBI-Germany (THYMATRON), no right to vote ([dahlin@fbi-medizintechnik.de](mailto:dahlin@fbi-medizintechnik.de))
- Svein Martin Luth, member, psychiatrist, Norway, [Svein.Martin.Luth@sykehuset-innlandet.no](mailto:Svein.Martin.Luth@sykehuset-innlandet.no)
- Prof. Martin Balslev-Jørgensen, member, Denmark, [Martin.Balslev.Joergensen@regionh.dk](mailto:Martin.Balslev.Joergensen@regionh.dk);
- Diane Kristensen, member, Denmark, [dianakrist@gmail.com](mailto:dianakrist@gmail.com)
- Prof. emeritus Tom G. Bolwig, added member, Denmark, [bolwig@tdcspace.dk](mailto:bolwig@tdcspace.dk)
- Kaija.Huuhka. Member, Finland, [Kaija.Jarventaus@pshp.fi](mailto:Kaija.Jarventaus@pshp.fi)

N A C T NORDIC ASSOCIATION FOR CONVULSIVE THERAPY

Welcome !

